

M.S.W. – I
SEMESTER (CBCS)



C. U. SHAH UNIVERSITY

WADHWAN CITY



Faculty of Social Sciences

VBT's Institute of Social Work

Semester: 1

Code: 5SS01NDS1

Name: Nature and Development of Social Work

Teaching and Evaluation Scheme:-

Subject Code	Name of the Subject	Teaching Scheme (Hours)				Credits	Evaluation Scheme							
		Th	Tu	Pr	Total		Theory				Practical (Marks)			Total
							Sessional Exam		University Exam		Internal		University	
		Marks	Hrs	Marks	Hrs		Pr/Viva	TW	Pr					
5SS01NDS1	Nature and Development of Social Work	3	0	0	3	3	30	1.5	70	3	--	--	--	100

OBJECTIVES:

- Familiarize students to the core values and philosophy of social work profession and enable them to imbibe these values into their professional self.
- Enable students to understand and differentiate social work and other related terms Understand the context of emergence of social work as a profession
- Understand the nature of Social work practice in different settings

COURSE CONTENTS:

Unit I: Introduction to Social Work

1. Definitions & Concept of Social Work
2. Values of social work
3. Principles of social work
4. Social Work: Nature and goals
5. Social work & its relationship with Sociology, Psychology, Political Science, Economics & Anthropology

Unit II: Historical Development of Social Work

1. Development of professional social work in U.K. and U.S.A.
2. Development of professional social work in India
3. Contribution of Gandhiji and Dr. B. R. Ambedkar in social work

Unit III: Social Work as a Profession

1. Criteria of profession and social work as a profession in India
2. Curative, Promotive & Rehabilitative functions of social work
3. Roles of social workers
4. Competencies (Skills) for social work practice
5. Code of ethics for social workers – (TISS Code of Ethics)

Unit IV: Theoretical Perspectives for Social Work Practice

1. Person-In-Environment Model,
2. Strengths Perspective,
3. Anti-Opressive Social Work,
4. Feminist Social Work,
5. Empowerment Model of social work,
6. Radical Social Work,
7. Generalist social work practice

Unit V: Social Work Practice Areas

1. Emerging areas for social work practice: - Community Development, Healthcare, Social defense, Family & Child Welfare & Industry

References:

1.	Dubois, B. &	2002	Social Work: An Empowering Profession. London: Allyn and Bacon.
2.	Miley, K.K., O'Melia, M.,& DuBois, B.L.	1998	Generalist Social Work Practice: An Empowering Approach. Boston: Allyn & Bacon.
3.	Clark, C. & Asquith, S.	1985	Social Work and Social Philosophy. London: Routledge and Kegan Paul.
4.	Payne, M.	2005	Modern Social Work Theory. New York: Palgrave/MacMillan.
5.	Dominelli, L.	2004	Social Work: Theory and Practice for a Changing Profession. Cambridge: Polity Press.
6.	Woodrofe, K.	1962	From Charity to Social Work. London: Routledge and Kegan Paul.
7.	Parsons, R.J., Jorgensen, J.D. & Hernandez, S.H.	1994	The Integration of Social Work Practice. California: Brooke/Cole.
8	Pincus, A. & Minnahan, A.	1973	Social Work Practice: Model and Method. Itasca: Peacock.
9	Diwekar, V.D. (ed.)	1991	Social Reform Movements in India: A Historical Perspective. Bombay: Popular Prakashan.
10.	Gore, M.S.	1993	The Social Context of Ideology: Ambedkar's Social and Political Thought. New Delhi: Sage Publishing.
11.	Compton, B. & Galaway, B.	1984	Social Work Processes. Chicago: The Dorsey Press.
12.	Brill, N.I. & Levine, J.	2002	Working with People: The Helping Process. Boston: Allyn and Bacon.
13..	Reamer, F.G.	1999	Social Work Values and Ethics. New York: Columbia University Press.

14.	Timms, N.	1977	Perspectives in Social Work. London: Routledge and Kegan Paul.
15.	Bailey, R. & Brake, M. (eds.)	1975	Radical Social Work: London: Edward Arnold (Publishers)Ltd.
15.	Bailey, R. & Brake, M. (eds.)	1975	Radical Social Work: London: Edward Arnold (Publishers)Ltd.
16.	Johnson, L.C.	1998	Social Work Practice: A Generalist Approach. Boston: Allyn and Bacon.
17.	Trevithick, P.	2000	Social Work Skills: A Practice Handbook. Philadelphia: Open University Press.
18.	Singh, S. & Srivastava, S.P.	2005	Teaching and Practice of Social Work in India. Lucknow, New Royal Book Company
19.	Mohan, B.	2002	Social Work Revisited. Xillinis: Xillbris Corporation.
20	G. R. Madan		Indian Social Problems – Vol. 1 & Vol. 2



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Faculty of Social Sciences
 VBT's Institute of Social Work
 Semester: 1
 Code: 5SS01HGD1
 Name: Human Growth and Development

Teaching and Evaluation Scheme:-

Subject Code	Name of the Subject	Teaching Scheme (Hours)				Credits	Evaluation Scheme							
							Theory				Practical (Marks)			Total
		Th	Tu	Pr	Total		Sessional Exam		University Exam		Internal		University	
		Marks	Hrs	Marks	Hrs		Pr/Viva	TW	Pr					
5SS01 HGD1	Human Growth and Development	3	0	0	3	3	30	1.5	70	3	--	--	--	100

OBJECTIVES:

- Understand the twin roles of individual's heritage and environmental influences in growth and development.
- Understand the nature and development of human behaviour in socio-cultural context.
- Learn to apply concepts and theories of psychology in social work practice.

COURSE CONTENTS:

Unit I: Heredity and Socio-Cultural Environment

1. Principles of Growth and Development.
2. Determinants of Human Behaviour - Heredity and Environment, Social customs & traditions.
3. Values in parenting and child rearing practices,
4. Deprivation and development during stages of the life span.

Unit II: Life Span Perspective of Human Development

1. Indian concept of life span stages.
2. Developmental tasks and hazards during prenatal period, infancy, babyhood, childhood, puberty, adolescence, adulthood and old-age.

Unit III: Introduction to Personality

1. Personality: Definition and concept, types and traits, assessment of personality
2. Personality Disorders

Unit IV: Theories of Human Development

1. Sigmund Freud's Psychoanalytic theory,
2. Erik Erikson's Psychosocial theory,
3. B. F. Skinner's Learning Theory,

4. Jean Piaget's theory of Cognitive Development,
5. Abraham Maslow theory.
6. Ivan Pavlov's Conditioning Theory.

Unit V: Social Psychology

1. Definition, Meaning, Nature and Scope of Social Psychology.
2. Definition & Concept of :-
 - Attitude
 - Prejudices
 - Stereotypes
 - Discrimination: development, forms/manifestations.

References:

1	E. Hurlock	1994	Developmental Psychology – A Life Span Approach, Tata McGraw Hill, New Delhi
2	Clarke- Stewart,	1985	Child Development : A Tropical Approach A. Friedman, S. and Koch. J.
3	Kaplan, P. S.	1988	The Human Odyssey: Life- Span Development. St. Paul, West Publishing Company
4.	Misra .G. (Ed.)	1990	Social Psychology in India. New Delhi: Sage Publications.
5.	Rogers, D.	1977	Child Psychology, Monterey, C. A: Brooks/ Cole Publishing Company.
6.	Hayes, N.	1994	Foundations of Psychology: An Introductory Text. London: Routledge.
7.	Berk, L.E.	1996	Child Development. New Delhi: Prentice Hall of India.
8	Hall, C.S., Lindsay, G. &	1998	Theories of Personality. New York: John Willey & Sons, Inc.
9	Baron, R.A. & Byrne, D.	1998	Social Psychology (8 th Edition). New Delhi: Prentice Hall.
10.	Carson R.C., Butcher, J.N. & Mineka, S.	2000	Abnormal Psychology and Modern Life. Singapore: Pearson Education.
11.	Manstead A.S.R. Strobe	1997	The Blackwell Reader in Social Psychology. Oxford: Blackwell.
12	Morgan, C.T., King, R.A., Welsz, J.R. & Schonler	2003	Introduction to Psychology (7 th Edition) New Delhi: Tata McGraw Hill Publication Company Limited.
13.	Berger, C.R. & Chaffee,	1978	Handbook of Communication Science. New Delhi: Sage.
14	Lindzey, G. & Aronson, E.	1969	The Handbook of Social Psychology (2 nd ed) Vol. II to V. Massachusetts: Addison, Wesley Publishing Co.
15	B. Kuppaswamy		Social Psychology



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Faculty of Social Sciences
 VBT's Institute of Social Work
 Semester: 1
 Code: 5SS01SCW1
 Name: Working with Individuals and Families

Teaching and Evaluation Scheme:-

Subject Code	Name of the Subject	Teaching Scheme (Hours)				Credits	Evaluation Scheme							
							Theory				Practical (Marks)			Total
		Th	Tu	Pr	Total		Sessional Exam		University Exam		Internal		University	
							Marks	Hrs	Marks	Hrs	Pr/Viva	TW	Pr	
5SS01 SCW1	Working with Individuals and Families	3	0	0	3	3	30	1.5	70	3	--	--	--	100

OBJECTIVES:

- To understand the case work method and its application in practice
- To equip learners with theoretical knowledge for work with individuals and families
- To develop competencies in learners to use the method in practice while working with individual clients and families.
- To equip learners with values and skills necessary for working with individuals and families.

COURSE CONTENT:

Unit I: History and Development of Social Casework in

1. UK
2. USA
3. India

Unit II: Social Casework as a Method of Social Work Concept and Definitions

1. Components of casework (Perlman's model)
 - a. Person- client, significant others and collaterals
 - b. Problem- need, impaired social functioning
 - c. Place- agency, objectives, functions, policies and resources.
 - d. Process- casework intervention

Unit III: Principles of social casework practice

1. Begin where the client is.
2. Individualization
3. Purposeful expression of feelings

4. Controlled emotional involvement
5. Acceptance
6. Non-judgmental attitude
7. Client self determination
8. Confidentiality

Unit IV: Tools of Working with Individuals and Families

1. Intake
2. Casework interview
3. Home visit
4. Recording and its types
5. Case worker –client relationship
6. Communication - verbal, non-verbal, eye contact, body language.

Unit V: The process of intervention with clients

1. Study
2. Psycho-social study
3. Psycho-social diagnosis
4. Intervention plan
5. Termination & Follow-up

Unit VI: Essentials of Working with Individuals and Families

1. Skills for working with individuals and families
2. Techniques for working with individuals and families

Unit VII: Models of Casework Practice

1. Social diagnostic
2. Supportive and Modificatory
3. Crisis intervention

Unit VIII: Counseling

1. Counseling - Definition & Concept

References:

1. Aptekar, Herbert	1955	The Dynamics of Casework and Counselling, New York Houghton Mifflin Co.
2. Babara, J. G.	1991	Beyond Case Work, London
3. Biestek, Felix	1968	The Casework Relationship, London : Unwin University Book
4. Fisher, Joe	1978	Effective Case Work Practice – An electric approach, New York :
5. Garrett, Annett	1972	Interviewing – Its Principles and Methods, Family Service
6. Encyclopedia in Social Work, New	1987	Government of India Encyclopedia in Social Work, New Delhi : Publication
7. Holis, Florence and Woods, Mary E	1981	Casework – A Psychosocial Therapy, New York: Fandom House
8. Kadushin, Alfred	1990	The Social Work Interview, New York : Columbia University press
9. Keats, Daphne	2002	Interviewing – A Practical Guide for Students and Professionals
10. Lishman, Joyce	1994	Communication in Social Work, New York : Palgrave MacMillan New Delhi : Viva Books Pvt.Ltd.
11. Mathew Grace	1992	An Introduction to Social Case Work, Bombay : Tata Institute of social Sciences
12. An Introduction to Social Case Work, Bombay : Tata Institute of Social work	1984	Practical Counselling and Helping Skills, London : Harper and Row
13. Nursten, Jean	1974	Process of Case Work, Pitman Publishing Corporation
14. O'Hagan, Kieran, Kingsley	2003	Competence in Social Work Practice – A Practical Guide for Professionals, London
15. Perlman, Helen Harris	1964	Social Case Work – A Problem Solving Process, London : University of Chicago Press
16. Rameshwari Devi, Ravi Prakash	2004	Social Work Methods, Practice and perspectives (Models of case work practice, Vol. II, Ch.3, Jaipur : Publication
17. Richmond, Mary	1970	Social Diagnosis, New York : Free Press
18. Sena, Fine & Glass, Paul H	1966	The First Helping Interview Engaging the Client & Building trust New York: Sage publication



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 Semester: 1
 Code: 5SS01SGW1
 Name: Working with Groups

Teaching and Evaluation Scheme:-

Subject Code	Name of the Subject	Teaching Scheme (Hours)				Credits	Evaluation Scheme							
		Th	Tu	Pr	Total		Theory				Practical (Marks)			Total
							Sessional Exam		University Exam		Internal		University	
		Marks	Hrs	Marks	Hrs		Pr/Viva	TW	Pr					
5SS01SGW1	Working with Groups	3	0	0	3	3	30	1.5	70	3	--	--	--	100

OBJECTIVES:

- Develop understanding of group work as a method of professional social work
- Gain insight into various dimensions of group processes and group work practice
- Develop competencies for working with groups in diverse settings

COURSE CONTENTS:

Unit I: Understanding Social Groups

1. Social Groups: Definitions, characteristics, functions and group structure
2. Classification of groups: Cooley and Tonnies
3. Social groups and cultural context

Unit II: Groups in Social Work Practice

1. Historical development of group work
2. Group work: definition, goals and values
3. Principles of group work
4. Models of group work practice

Unit III: Group Process and group dynamics

1. Basic group processes – Introduction & Meaning, Intervention in group process
2. Group dynamics: Concept, Definition, Need & Significance of Dynamics, Group dynamics – an interdisciplinary field
3. Leadership – Concept, Definition, Qualities, Theories of leadership (Trait Theory, Exchange-Group Theory, Path-Goal Theory, Charismatic Theory, Transformational Theory, Lewin Leadership style, Likert leadership style & Greatman theory)
4. Group Decision-making and problem solving - Concept & Approaches

Unit IV: Group Development

1. Stages of group development
2. Techniques and skills in group work
3. Communication – Concept, Definition, Process & Barriers
4. Programme development – process & use of programme media
5. Recording in group work – Importance, Types & Principles
6. Evaluation in social group work

Unit V: Settings and Sites of Group Work

1. Group worker: roles and functions
2. Group work with different areas like children, hospital setting, youth & elderly
3. Group work with task groups

References:

1	Douglas, T.	1978	Basic Group Work. London: Tavistock
2	Toseland, R.W. & Rivas, R	1984	An Introduction to Group Work Practice. New York: MacMillian.
3	Konopka, G.	1963	Social Group Work: A Helping Process. Englewood Cliffs: Prentice.
4.	Trecker, H.B.	1972	Social Group Work: Principles and Practices. New York: Association Press.
5.	Reid, K.E.	1997	Social Work Practice with Groups: A Clinical Perspective (Second Edition). Pacific Grove, CA: Cole.
6.	Balgopal, P.R.& Vassil, T.V.	1983	Groups in Social Work: An Ecological Perspective. New York: Macmillan.
7.	Brandler,S. &	1999	Group Work Skills and Strategies for Effective
8	Helen, N. & Kurland. R.	2001	Social Work with Groups (3rd ed). New York: Columbia University Press.
9	Phillips, H.U.	1957	Essential of Social Group Work Skills. New York: Association Press.
10.	Wilson, G. & Ryland, G.	1949	Social Group Work Practice. Cambridge, MA: Houghton Mifflin
11.	Henry, S	1992	Group Skills in Social Work (Second Edition). Pacific Grove, CA: Brooks/Cole
12	Corey, G.	1997	Groups: Process and Practice. Pacific Grove. CA: Brooks/Cole Publishing.
13.	Hartford, M.E.	1971	Groups in Social Work. New York: Columbia University Press.
14	Alissi, A.S. (ed.)	1980	Perspectives on Group Work Practice. New York: Macmillan
15	Gladding, S.T.	1999	Group Work: A Counseling Specialty. New Jersey: Merrill
16	Meculloude, M.K. & Ely, P.J.	1965	Social Work with Groups. London: Routledge and Kegan Paul.
17	McDermott, F.	2002	Inside Group Work: A Guide to Reflective Practice. NSW: Allen and Unwin
18	Wenocur, S.	1993	Social Work with Groups: Expanding Horizons. New York: Hawroth Press
19	Grief, G.L. & Ephross, P.H	1997	Group Work with Populations at Risk. New York: Oxford University Press.
20	Douglas, T.	1972	Group Processes in Social Work: A Theoretical Synthesis. Chicester: Willey.



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Faculty of Social Sciences
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 Semester: 1
 Code: 5SS01SWR1
 Name: Social Work Research

Teaching and Evaluation Scheme:-

Subject Code	Name of the Subject	Teaching Scheme (Hours)				Credits	Evaluation Scheme							
		Th	Tu	Pr	Total		Theory				Practical (Marks)			Total
							Sessional Exam		University Exam		Internal		University	
		Marks	Hrs	Marks	Hrs		Pr/Viva	TW	Pr					
5SS01 SWR1	SOCIAL WORK RESEARCH	3	0	0	3	3	30	1.5	70	3	--	--	--	100

OBJECTIVES:

- Develop an understanding about the scientific approach to human inquiry
- Develop an appreciation of the value and approach in social work research in addressing
- problems in the field of professional practice
- Develop attitudes and skills appropriate for social work research
- Develop skills for use of library and documentation in research work
- Acquire the skills for data analyses and research writing

COURSE CONTENTS:

Unit I: Science & Scientific Method

1. Science – Concept & Meaning
2. Meaning and characteristics of scientific method

Unit II: Social Research

1. Goals of research
2. Basic elements of social research- concepts & constructs, variables, hypothesis, theories, operational definitions
3. Steps in the process of research
4. Types of research
5. Ethics in research

Unit III: Social Work Research

1. Use of research in social work
2. Social Research, Social Science Research and Social Work Research.
3. Steps in Social Work Research

Unit IV: Research Designs in Social Work Research

1. Social Surveys
2. Experimental study design & its Types, logic of experimentation, causation and control, randomization and matching internal validity
3. Other research approaches supportive to social work research: Action research; Participatory research

References:

1. Kothari, C. R 2004 Research Methodology: Methods & Techniques, New Delhi, New Age International
2. Krishnaswamy, O. R. 1993 Methodology for Research in Social Science, Himalaya, Bombay
3. Laldas, D. K. 2000 Practice of Social Research, Jaipur: Rawat
4. Mikkelsen, Britha 2005 Methods for Development Work and Research- A New Guide for Practitioners, New Delhi : Sage publication
5. Ramchandran, P. 1968 Social Work Research and Statistics, Bombay : Allied Publishers
6. Rubin, Allen & Babbie Earl 1968 Research Methods for Social Work, USA Wadsworth, West, Brooks/Cole and Schirmer